



SACRED  
LIGHTS  
-COLLECTIVE-

# SEEKERS MEMBERSHIP

## SAMPLE WEEK SCHEDULE

DAY	OFFERINGS/TIME	TEACHER
M	Yoga Flow, 9AM	Jessie Wren
T	Morning Prayers, 8AM	Kate Siner, Ph.D
W	Breathwork & Meditation, 9AM	Aaron Hanson
T	Water Prayers, 6AM Kundalini Yoga, 6:30PM	Aria Everts Arin Halicki
F	Cosmic Qi Gong, 12PM	Star hawk
S	New Moon Intentions, 10AM	Hannah Fadenrecht
S	Sacred Sunday Ritual, 11AM Meet & Greet, 1PM	Kate Siner, Ph.D Varied



# PATHFINDERS MEMBERSHIP

## SAMPLE WEEK SCHEDULE

DAY	OFFERINGS/TIME	COMMUNITY
M	Yoga Flow, 9AM Sacred Arts, 11AM Women's Circle, 5PM Cacao Ceremony, 5:30PM	SLC Seekers Community Sacred Arts Personal Transformation Ritual & Ceremony
T	Morning Prayers, 8AM Gene Keys, 9AM Psychic Development, 3PM	SLC Seekers Community Consciousness & Spiritual Study Consciousness & Spiritual Study
W	Breathwork & Meditation, 9AM Healing Techniques, 11AM Animal Totem Journey, 4PM	SLC Community Healing & Helping Personal Transformation
T	Water Prayers, 6AM Shadow Wisdom, 8AM Plant Medicines, 11AM Men's Circle, 5PM Kundalini Yoga, 6:30PM	SLC Seekers Community Personal Transformation Ritual & Ceremony Personal Transformation SLC Community
F	Cosmic Qi Gong, 12PM	SLC Seekers Community
S	New Moon Intention, 10AM Anatomy for Healers, 4PM	SLC Seekers Community Healing & Helping
S	Core Energetics, 9AM Sacred Sunday Ritual, 11AM	Personal Transformation SLC Seekers Community